

Arm Measurement Form

Position of Patient: Sitting Variations: Name/Label:

Abd. 90 Variations:

Board levels:	R / L	Tip of 3rd finger:	Mid-point MCP ulnar:	radial:	Mid Ulnar styloid:
	R / L	Tip of 3rd finger:	Mid-point MCP ulnar:	radial:	Mid Ulnar styloid:
Dominance:	R / L / Ambidextrous				

DATE											
Weight/Height BMI											
Side			Diff								
MCP (mid-point)											
Ulnar styloid (mid-pt) 0cm											
10cm											
20cm											
30cm											
40cm											
50cm											
60cm											
70cm											
Sum											
% Difference											
Fingers Thumb 1.											
2.											
3.											
4.											
5.											
Measured by											
Time am/ pm											